

# RELENTLESS

## TIM S. GROVER

You literally just have to do it. Know what result you want, know that it will never be enough, and move toward it. In its achievement you will find only temporary satisfaction and this will fuel you to drive forward for more, and this is the attribute which moves you towards something beyond success and into legend. Show up. Work hard. Listen.

Push yourself farther, knowing when the majority has to come to rest, faltered, or found failure. Name impossibility as its own paradox. Master Flow. Know who you are, and know thyself. Accept and grow from understanding your perceived weaknesses and fears. Thrive on and do not shrink from change and challenge. Be the "break glass in case of emergency" solution. Don't compete; see weaknesses and move in to fill them with echoing value. Suggestions imply indecision; decisions cut off all source of retreat. The process is pain, and the results are the peaks we climb to and from which we fall to climb again with new strengths, scars, and stories. Be feared; fears drive growth through discomfort and force you to find yourself. Keep your circles of influence concise and trustworthy. Failure is never embraced but transmuted to realized potential.

You know the cyclical nature of this alchemy and are fulfilled through knowing you may never be.

Train your mind to train your body, and this cooperative understanding and union transmutes the experience around and within you.

I'm happy to listen to your input and ideas, but once you've decided to work with me, you've got to let me do what I do.

Complete Focus for Complete Results. It's simple, not easy.

When you're in..and you get knocked out..you have to come back stronger, not the same as you were. Otherwise the same failure may grip you again in embarrassingly similar circumstance. Small moves rebuild confidence and build into big changes. I'm going to make you uncomfortable, and I'm going to put you in situations quicker than you would choose at your own pace; at your own pace, we'll never get there.

Remember: simple. Ask yourself where you are now and where you want to be instead. What are you willing to give to get there? Make a plan, and ACT on it.

When you lose contact with Flow, your peak state, you can wait for something catastrophic to shake you back there out of necessity, or you can accept without apology what happened without care of the thoughts or comments of others and turn yourself into the walking dead with nothing to lose.

Develop disciplined routine. Do what you do every day and eliminate your ability to fall victim to environment or situation.

We keep ourselves in cages of bad advice, low self esteem, nonsensical rules, thoughts of what you can't or are supposed to do, overthinking, overanalyzing, and worrying about negative simulation.

Are you good at what you do? Not what you want to do, but what you do, the true reflection of your inner desires and focus. Can you be the best at what you do? Why are you questioning your ability to do it? At some point you stopped trusting yourself.

True Learning isn't clinging to lessons, but absorbing as much as you can, eliminating fluff, and trusting yourself to use what you know instantaneously, without thinking. Instinctive>Impulsive. Quick>Hurried.

Stop waiting to be taught something you already know. Learn about yourself and trust what you know so you can build on what you have.

Many people start things. Few finish because they don't trust themselves to reach the end. They simulate the undesirable and second guess their own choices. They listen to almost everyone but themselves.

At some point in life, something challenged him and made him survive, and the result was the total confidence that whatever happened, his instincts would cover his ass and he'd be ok. Be Honest: Would you be as successful if you always followed the rules, behaved, and never took chances? Or would you be like so many others caught in fear of failure and worrying about the approval of others.

Preparation + Opportunity

Most people run from stress. Run to it. Stress keeps you sharp, it challenges you in ways you never imagined and forces you to solve issues and manage situations that send weaker people running for cover. Your level of success is defined by how well you embrace it and manage it. Run toward your internal pressures, embrace and feels them, so no one else can throw more at you than you've already put on yourself.

We like to imagine that admitting a mistake creates more pressure because then we're to blame for something. False. The ability to admit fault is the greatest way to stop pressure. Now you have only one objective: resolve the issue.

I'm the world's best procrastinator. The only thing that keeps me going is knowing there are those even more stuck than I in the milieu of thinking thoughts with no idea on how to transmute them through action into being.-me

Anyone can show up, work hard, and listen.

Anyone can start something, few can finish. Priorities change if you do not constantly protect and defend them.

Recognize what works and stick with it as long as it still works.

When someone is constantly changing what's around, it's usually not what's being replaced that's the problem; the problem lies in not knowing what is wanted or needed.

All I do is give them a phrase or an idea that stops them in their tracks. Then I let them figure it out, that way it's their idea.

The truth is simple. It is simple statement that leaves no doubt, requires no explanation, analysis, rationale, or excuse.

Explanations are another way of saying: I wasn't sure, but then I went through a long thought process until I came to a decision, and now I'm pretty sure.

Usually asking for advice is seeking confirmation, pay attention to advice that isn't so pleasing.

Your words may be doubted, listened to, or believed in.

Few words have the impact of: trust me. Saying it is taking on sincere responsibility, and you'd better be able to deliver.

Don't accept what you can't do and give up. Don't recognize what you can't do but keep working at it. Know what you can do and stay with it until you decide to do something else.

Other people are chasing the same ideas and getting ahead of you while you cling to something that isn't working. Know when to walk away, and in what direction.

Success is usually different than what you imagine. You'll have what you desire, but now you'll know for sure what you always suspected: Nobody else understand what you went through or what you did to get there.